



2023-2024 Annual Report

Lanark County Food Bank –
The Hunger Stop

A message from The Hunger Stop ...

Despite the alarming increase in the cost of food, lack of affordable housing, non-existing public transportation, and more and more people with full time jobs struggling to make ends meet, we have continued to provide safe and nutritional food assistance to the 18,581 individuals that came to us in 2024.

That is because of you!

Your generosity and kindness ensured that we did not need to restrict or reduce our services to our families – we are truly grateful.

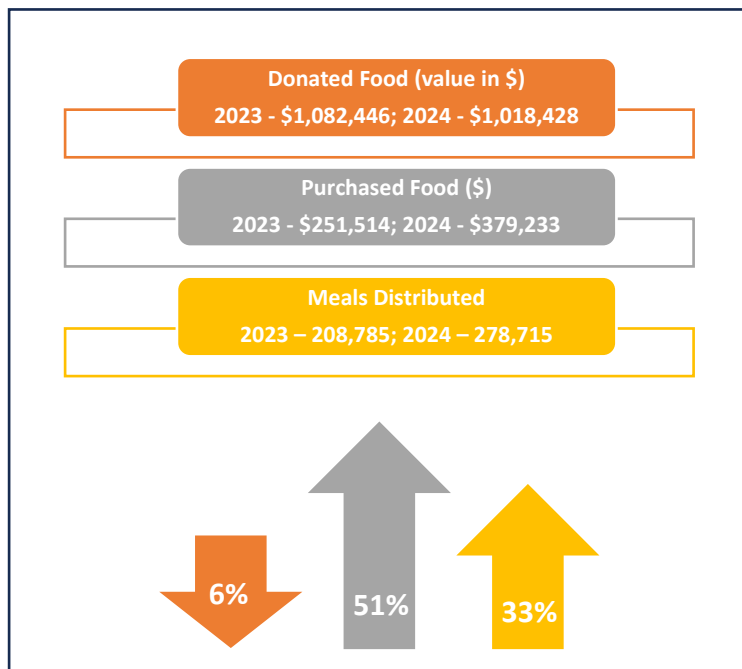


Want to know more?



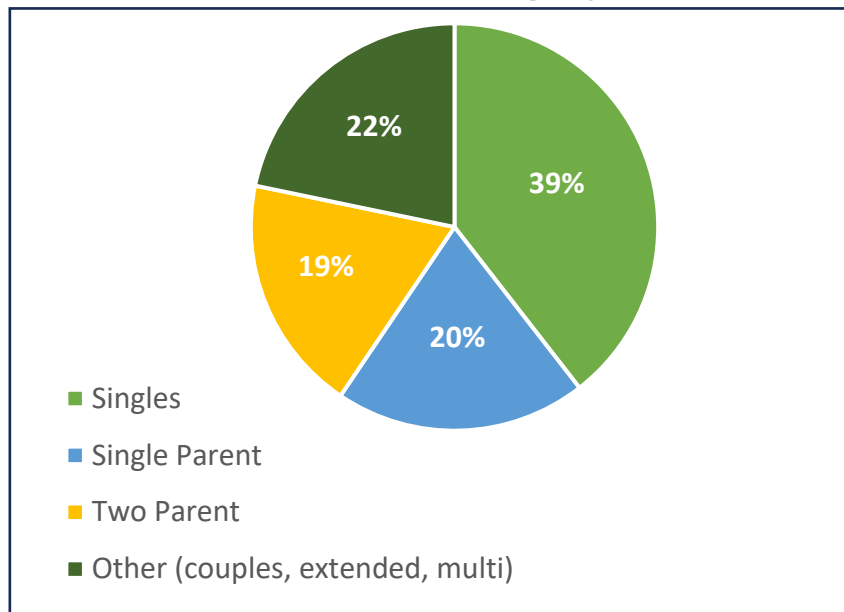
Where are we?
How to donate?
Need help?

Check out the last page for more information.

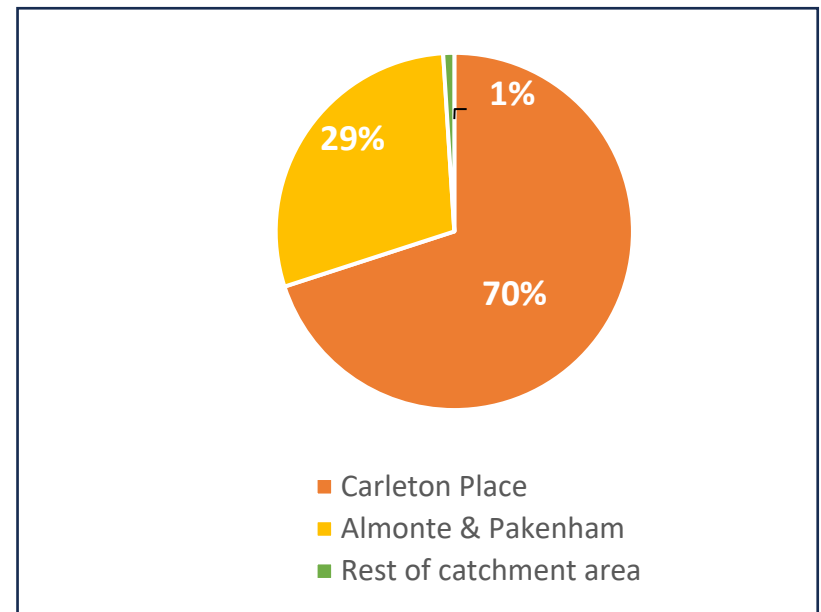


- 33% increase over 2023
- 87% increase over 2022

Household Demographics



Client Locations



More than just canned goods ...

fresh fruit & vegetables



pet food



feminine hygiene



dairy products



ground meat



Our services ...

278,715 meals (a monthly visit of 5 days' worth of food)



7,247 individuals came for a weekly top-up (1 day's worth of food)



338 bags of A Meal To Go – for folks who can't come for a weekly top-up



1,225 deliveries of food bank hampers to clients' homes

Other Programs from the Community and In-house

113 Back-2-School backpacks filled with school supplies



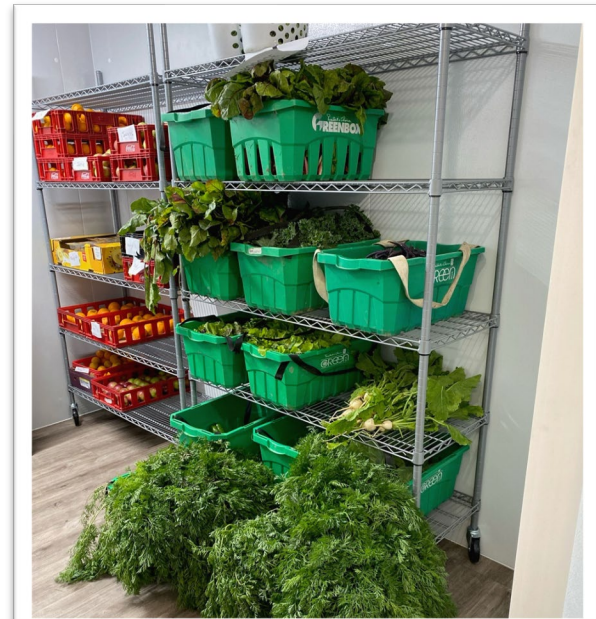
20 Thanksgiving meals



8 Hunger Stop Academies for youth groups who want to learn about what the food bank does

New Board Members -
three new members joined our
Board of Directors to provide
different points of view and fresh
ideas.

g E T
O N
B o a r d



Walk-in Cooler (made possible by a Food Banks Canada Capacity Boost grant) –
meant we could store all our Blakeney garden produce and accept more produce
from other businesses.



Blakeney Garden
10,058 lbs.



Sandy Claus Stocking drive
591 stockings



Build a Mountain of Food
39,775 lbs. & \$37,820 cash

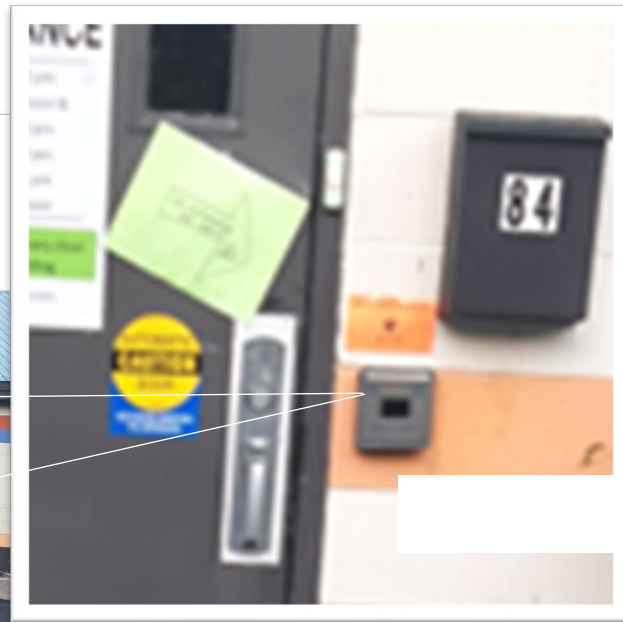


Some Crucial Annual Events

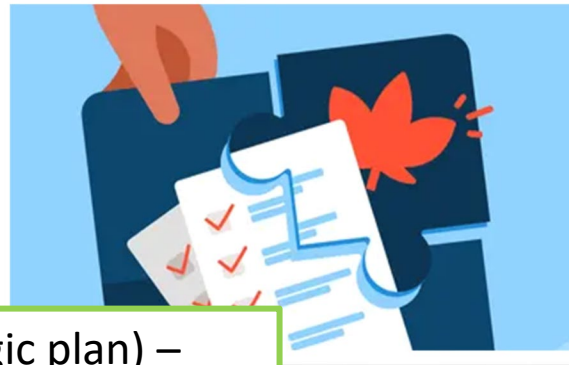
Tim Horton's Smile Cookie Campaign (spring) - \$20,640
Paid for our milk for the rest of the year.



Tim Horton's Holiday Cookie Campaign (fall) - \$14,731
Paid for our meat for 6 months



Accessibility Upgrade (Food Banks Canada Access grant) – helped pay for a proper paved ramp up to the front door AND an automatic door mechanism.



Volunteer Survey (part of our strategic plan) – results showed that our volunteers love doing what they do at the Hunger Stop.





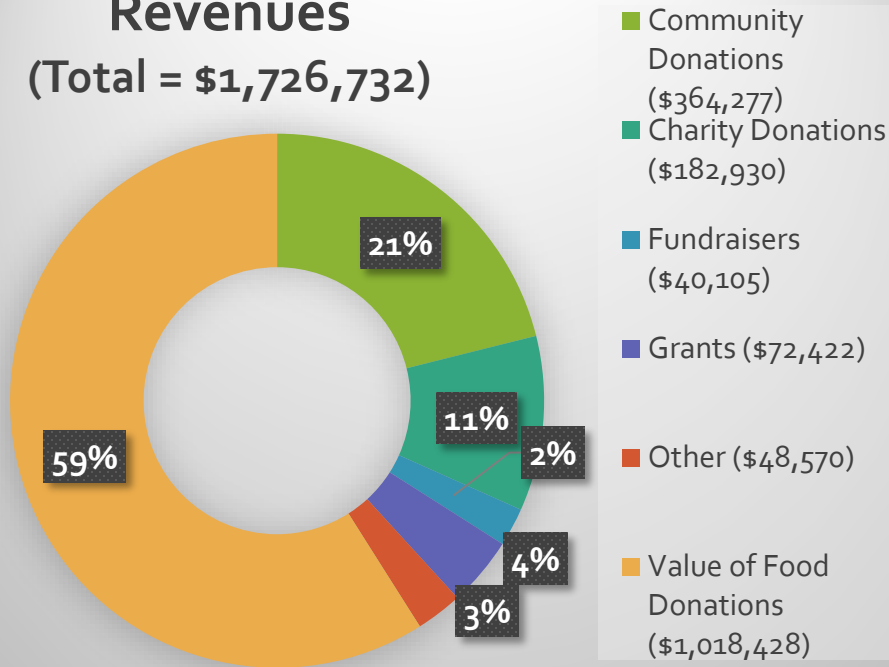
182 volunteers strong



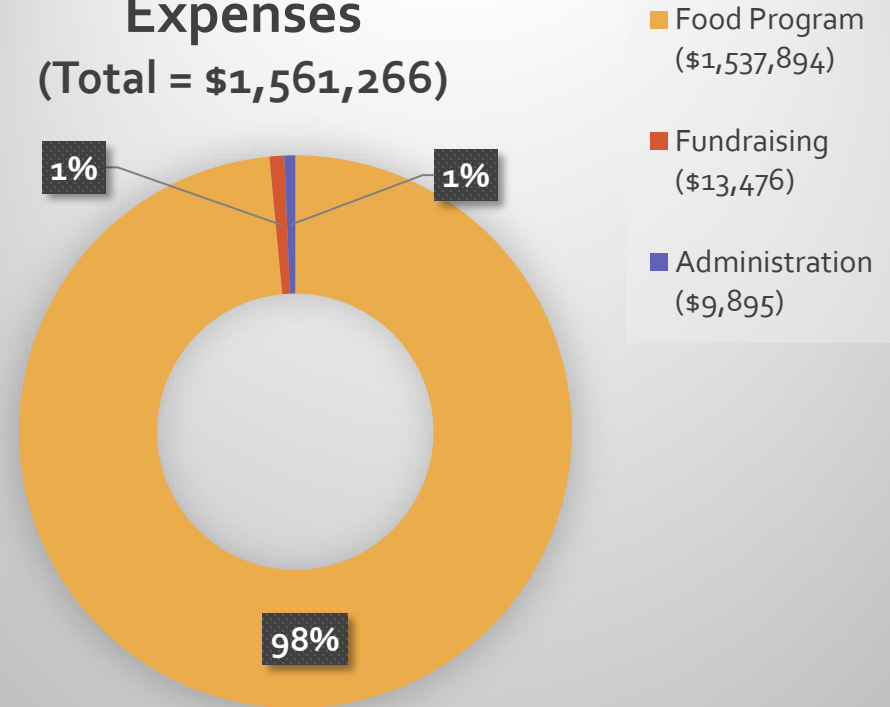
FINANCIAL OVERVIEW INCLUDING FOOD DONATIONS

FISCAL YEAR 2023-2024

Revenues (Total = \$1,726,732)



Expenses (Total = \$1,561,266)



NET REVENUE = \$165,466 (our emergency operating buffer)

***Note:** Income and expenses include 284,477 lbs. of donated food and household product valued at \$3.58/lb. This value supplied by Food Banks Canada has been determined by using data provided by NielsenIQ MarketTrack, Mar. 2024.*

THANK YOU SPONSORS!

SPONSORS are corporations that have given us grants to increase our ability to provide food and enrich our programs.



Employment and
Social Development Canada

Canada



CANADA



EKF
THE ELIZABETH KELLY
FOUNDATION



OTTAWA
COMMUNITY
FOUNDATION

invested for good

PARTNERS: businesses, schools, churches, and service groups that regularly provide food and services, free of charge, that help keep us operational.

Almonte Baptist Church
Almonte Civitan Club
Almonte Community Co-ordinators
Almonte District High School
Almonte Lions Club
Almonte United Church
Anderson's YIG
Arklan Community Public School
Ashton United Church
Baha'is of Carleton Place
Baker Bob's
Beckwith Butcher
Beckwith Public School
Bimbo Bread
Black Tartan Kitchen
Blue Sppon Atelier
Caldwell St. Public School
Calvary Christian Academy
Calvary Pentecostal
Carleton Place & District Civitan Club
Carleton Place Baptist Church
Carleton Place High School
Carleton Place Legion Branch 192
Carleton Place Lions Club
Christ Church Anglican
Cobs Bread
Community Presbyterian Church
Cornerstone Community Church
Costco

Dandelion Foods
Equator Coffee
Eternal Hope Anglican Church
Francis Fuels
Frannie's Place
FreshCo
Giant Tiger
Grace Anglican Church
Guthrie United Church Women (Clayton)
Hillside Reformed Presbyterian Church
Holy Name of Mary Parish
Holy Name Of Mary School
Ignite Christian Fellowship
Jeff Juian Desjardins Insurance
JL Couroux Elementary Catholic School
Jonsson's YIG
Kibble 4 Paws
Lakeside Shawarma & Souvlaki
Lila Graham
Lionhearts Inc.
Maverick's Donuts
Move Church
Naismith Memorial Public School
Natural Pet Foods
Nature's Apprentice Farm
Nicholson's
Notre Dame Catholic High School
Pakenham & District Civitan Club
Pakenham Public School
Pet Valu (Almonte)

Pet Valu (CP)
P-Kom Promotional Specialties
R. Tait McKenzie Public School
Rotary Club of Carleton Place & Mississippi Mills
Seventh Day Adventist Church (CP)
Shoppers Drug Mart (Almonte)
Shoppers Drug Mart (CP)
Shouldice Berry Farm
St. Andrews United Church
St. George's Anglican Church
St. Gregory Catholic School
St. James Anglican Church
St. James Church (Franktown)
St. James Family Life Group
St. Mary's Catholic Church
St. Mary's Catholic School
St. Mary's Catholic Women's League
St. Paul's Anglican Church
St. Paul's United Church
St. Peter Celestine Catholic Church
St. Porphyrios Orthodox
The Granary
The Olde Town Bakery
Tim Horton's
Walmart
Wayne Drummond (Christmas Basket)
Zion United Church
Zion-Memorial United Church

THANK YOU PARTNERS!

THANK YOU PATRONS!

PATRONS: monthly donors or those who have donated 7 times or more in the year.

Al & Ann
Alan & Janet
Amanda
Anne Elizabeth
Arthur & Terri
Asaad
Ashley
Ashton
Barbara
Beverly
Bill
Billy
Brad
Bruce
Canadian Online Giving
Foundation
Carol
Cassidy
Catherine
Cathy
Cecil & Ruth
Christa & Jeff
Christine
Claire
Colin
Craig & Janet
Daniel
Dave
David
Deane
Deborah
Donna
Doug
Eleonore
Erin

Francoise & Dean
Gail
George
Gerard & Karen
Glenda
Grae
Heather
Ian
James & Kathy
Jane
Jean-Philippe
Jeramy
Jeyanthi
Jim
Jody
Judith
Kaitlyn
Kate
Katherine
Kathleen
Kathy
Keith
Kim
Kirsti
Kyle
Laura
Lianne
Linda
Line
Lisa
Malcolm & Laraine
Marco
Marjorie
Mark
Mary

Meredith
Miceal
Michael
Michelle
Mike
Mikolt
Murray & Vicki
Nancy
Nick
Patrick
PayPal Giving Fund Canada
Phil
Pierrett
Ralph
Rene
Richard & Brenda
Robin
Ross
Samantha
Sean
Shelley
Sherry
Stephanie
Susan
Sylvia
Sylvie & Dale
Ted
Theresa
Timothy
Tom
Tony
Tracy
Trish
Wayne & Lorna

CHAMPIONS: those who have donated 2 to 6 times in the year or annually.

Alan
All Purpose Towing
Allie
Almonte Curling Club
Andy & Glenna
Ann
Anne
Anytime Fitness CP
Arnprior Region Federation of Agriculture
Baker Tilly
Barbara & Anne
Barry & Myrna
Beckwith Electrical Ltd.
Beckwith Golf Wednesday Ladies League
Beth & Frank
Beyond Massage
Bill
Blue Spoon Atelier
Bonnie
Brad
Brenda
Carleton Place Gallery
Caroline
Carolyn
Catherine
Catherine & Lorne
Charles
Chris & Vicky
Christian
Christine
Clare & David
Clay
Colleen
Comic Con
Connie & Terry
Constance
Corporation of Mississippi Mills
Daniel
Dark and Deadly Cafe
David
David & Janice
Debra
Deirdre
Denise
Dianne
Dica Electronics Ltd.
Donna

Edward
Elizabeth
Ellinor
Fred
George
George & Linda
Gerben & Audrey
Ghislain & Ghislaine
Graham
Harriet & Bob
Heather
Heritage Community Fitness Centre
Howard & Kathleen
IDA Carleton Place Drugmart
Innovation Realty
Jamieson Mills
Janet
Janice
Jean & Dennis
Jean & John
Jeanne
Jeff
Jeffrey
Jennifer
Jim
Joan
Joanne & Bill
John & Madeleine
John Paul
Joseph
Joyce & John
Judith
Judith & Donald
Julia
Julie
Karen
Karim
Katharine
Kathleen
Kathryn
Kathy
Kay & Denis
Ken & Heidi
Kim
Klaas (Nick)
KoC - Dr JF Dunn Council 5153
Laurence & Lucienne

Leanne
Len
Leora
Lila
Lily
Linda
Linda & Bill
Lindsay
Lindsey
Lloyd
Lois
Lora Lee
Loretta
Lorna & Winston
Louise
Louise & Lorne
Lynda
Lynn & Bruce
Lynne & Charles
Manisha
Margot
Marguerite & Ernest
Maria
Marietta
Marilyn
Marion
Marny
Mary
Mary & Robert
Mary Ellen
Maureen
Michael
Micheline
Michelle & Grant
Mr. C.
Murphy Chiropractic Health Centre
Nancy
Nancy & Terry
Patricia
Paul & Allyson
Paul & May
Paula
Penny
Pierre & Maureen
Ramsay Women's Institute
Randy
Rhona

Rita
RNJ Youth Services
Robert
Robert "RJ"
Robert & Christine
Robert & Stephanie
Robin
Ron & Donna
Ronald & Carolyn
Sandra
Sandy & Michel
Sarah & family
Shari
Shawn
Sheila
Shirley
St. John's Masonic Lodge No. 63
Stalwart Brewing Company Ltd.
Stephanie
Stephen
Stephen & Kathryn
Susan
Suzanne
Terrance & Alanna
Textile Traditions of Almonte
Thomas
Thomas & Diane
Thrive Chiropractic
Town of Carleton Place
Trevor & Kathy
Trudy
UniGlass Plus Ziebart
UNITED WAY
Valerie
Waterside Retirement Community
Wayne
Wayne & Ellen
Wayne & Janice
Wendy
Yvonne

THANK YOU CHAMPIONS!

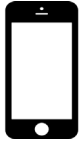
FRIENDS: others who have donated and are indispensable

2791285 Ontario Inc.; 7803834 Canada Inc; Abdu Rahman; Adam; Adele; Al; Alan; Alex; Alexander; Allan; Allen; Allison; Almonte & District Horticultural Society; Almonte Duplicate Bridge Club; Almonte Potters Guild; Amanda; Amanda & Robin; Amber; Andrea; Andrea & Andre; Andrew; Angela; Angie; Ann; Anna; Anne; Anthony & Diana; Appleton Food Coop; Arlene; Art For Aid; As Good As New Thrift Shop; Audrey; Barb; Barb & Wendell; Barbara; Becca; Berna; Beverly & Jeffrey; Beth; Betty Ann; Beverley; Beverley & Kevin; Beverly; Bill; Bob; Bonnie; Bonnie Lee; Brad; Brenda; Brendan; Brent; Brian; Brian & Leyla; Brian & Mary Janet; Bruce; Bruce & Karen; Bud; Caitlin; Carleton Place & District Horticultural Society; Carleton Place & District Memorial Hospital; Carleton Place Toastmasters; Carol; Carol & Melvin; Carolyn; Catharine; Catherine; Catherine & Edmund; Cathy; Celine; Charles & Sandra; Charlotte; Cheerful Giver Thrift Store; Cheryl; Chris; Christina; Christine; Christopher; Claire; Clarice; Clark; Clarke; Clifford; Climate Network Lanark; Colleen; Connie; Corry; Country Club Village Community Assoc.; Courtney; Craig; CUPE Local 5678; Dale & Lyne; Dan; Daniel; Daniel & Barb; Danielle & Stan; Daren; David; David & Isabel ; David K.; Dayna; Debbie; Deborah; Debra; Debra & Kevin; Denise; Dennis; Dennis & Martina; Denyse; Diana; Diane; Diane Eva; Dianne; Don; Don & Jen; Don & Sharon; Donald; Donald John; Donna; Doreen; Doris; Dorothy; Dorothy & Jack; Douglas; Douglas & Patricia; Edward; Eileen; Elaine; Elaine & Delson; Eleanor; Elen & Ed; Elise; Elizabeth; Ellen; Elyse; Emily; Emma Louise; Enid & Erle; Eric; Erin; Erzsebet; Evan & Sarah; Exit Realty Vision; Faye; Fergus; Fiona; FIT Healthcare; Francie; Frederick; Gabriel; Gail & Ross; Garry; Gary; Gary & Linda; Genevieve; Geoff; George; Gerald & Cheryl; Gerald V; Glenda; Gloria; Graham; Graham Glass & Mirror Inc.; Grant; Greg; Gregory; Halina; Happy Hounds Inc.; Harold; Harold (Hal); Harry; Heather; Helen; Helene; Howard Kelford & Dubois LLP; Hummingbird Chocolate Maker Inc.; Ian; Indian Creek Orchard Gardens; IODE Captain Hooper Chapter; Irene; J Dagne; Jack; Jacqueline; Jake; James; James & Bonnie; Jamie; Jane; Janet; Janice; JC; Jean & Chris; Jean & Rene; Jeanine; Jeff; Jeffrey; Jennifer; Jessey; Jessica; Jessie; Jill; Jim; Jim & Kathi; Jo; Joan; Joanna; Joanne; Joe; John; John & Anne; John & Doris; John & Sheila; John Bayley; John Richard; Jonas; Jonathan; Joseph ; Joseph & Cheryl; Joseph Anthony; JOSHUA; Joyce & David; Jozsef; Judith; Judy; Judy Kay; Jules; Julie; Kaitlin; Kanwal; Karen; Karen ; Karen & Norman; Karin; Karl; Kate; Katherine; Kathleen; Kathleen ; Kathleen & John; Kathryn; Kathy; Kay; Kayla; KE Electrical Ltd.; Keilah; Keirsten; Keith & Donna; Keith & Joan; Kelly; Kelsey; Ken & Karen; Ken & Sandra; Kendra; Kenneth; Kenric; Kerry; Kevin; Kimberly; Kirsten; Klaas; Kris; Krista; Kristy; Ladies' Auxiliary; Laila; Lana; Lanark & District Labour Council; Laura; Laura & Luke; Laura & Michael; Lauren; Laurie Ann; Laurysen Kitchens Ltd.; Lawrence; Leah; Leane; Learning Again in Almonte; Lee; Leeds County Draft Horse Club; Len; Leo; Leslie; Linda; Linda & Gary; Liquor Labs Incorporated; Lisa; Little Rahane Farm; Liz; Lois & Paul; Lori; Lorraine; Louise; Luciano; Lynn; Lynne; Mac & Joyce; Madalyn; Madeleine; Makers Lodge; Malcolm; Marcia & Chris; Marcie; Marcus; Margaret; Margo; Marguerite & Robert; Maria; Marie Corinne; Marilyn; Marion; Marjorie; Mark; Mark & Carol; Marlene; Martin; Mary; Mary Beth; Mary Lou; Mary-Joan; Mary-Lou; Mathew; Matthew; Matthew & Leslie; McDougall Insurance Brokers Ltd; Melanie; Melinda; Melissa; Meredith; Merla; Michael; Michael & Mildred; Micheline; Michelle; Mike; Mike & Shelley; Mill Street Books; MIRA; Mississippi Mills Childcare; Mississippi Mills Youth Centre; Mississippi Squares; Mississippi Valley Textile Museum; Mohammad; Monika; Monique; Monty; Muriel; Muriel & Glen; My Tribute Gift; Myra; Nancy; Neil; Nellie; Nicole; Noel; Nonie; Nora; Norm & Laurel Anne; Norma; Norman; OPP - A Platoon; Paisley; Pamela; Pampered Chef; Paolo; Pat; Patricia; Patrick; Patti; Paul; Paul & Elizabeth; Paul & Pauline; Paul & Ruth-Anne; Paul & Sara; Paula ; Peggy; Peter; Peter & Diane & Zach; Phil & Linda; Philip; Provincial Bailiff & Process Servers; Provincial Chapter Of Ontario IODE; Rachel; Randy; Ray & Mary; Raymond; Rebecca; Rental Village; Richard; Rick; Riley; Robert; Robert & Teckla; Robin; Rocky Ridge Women's Institute; Ronald; Rosanna; Rosemary; Rotary Club Of Nepean-Kanata; Roxanne; RTO/ERO Lanark District 29; Ruth & George; Ryan; S; Sally; Samantha; Sandra; Sarah; Scotiabank (CP); Scott; Scott & Anne; Sean; Senators Community Foundation; Serge; Seth; Shannon; Shari; Sharon; Shawn; Sheila; Shelley; Sheri; Sherry; Sheryl; Shirley; Silver Seven Hockey Association; Simon; Simon Gold Hairdressing; Sisters Of Holy Cross Manitoba; Sisters Of Holy Cross Of St. Joseph; Sonja; Sonya; Sophie; Spencer; Stephan; Stéphane; Stephanie; Stephen; Steve; Strategic Charitable Giving Foundation; Sue; Sunshine Boys; Susan; Susan ; Susan & Geoff; Susan & Michael; Suzanne; Sylvia; Sylvia & Mark; Tammy; Tanya; Tara; Taralyn ; Taryn; Tatiana; Tavis; Tay River Clothing Co.; Teresa; Teresa & Jeff; Theodore; Theresa ; Therese; Thomas; Tim & Jessica; Tom; Tom & Mary; Tove & Ed; Town & Country Apartments For Seniors; Tracy; Triple K Transport Ltd.; UK Online Giving Foundation; Valerie; Vanessa; Vera; Vicki; Virginia; Wandy & Andy; Wendelina; Wendy; Wendy & Cam; Wild Blooms Farm; William; William & Carol; William & Mary-Ellen; Wilma; Windsor Castle Old Time Fiddling Group; Winnifred; Yoga For Life With Alison; Your Daily Fix Coffee

And thank you to all our Anonymous donors – you know who you are.

THANK YOU FRIENDS!

Contact us:



613-257-8546



LCFB.TheHungerStop@gmail.com



84 Mill Street
Carleton Place, ON
K7C 1T5

Join us online:



Facebook.com/lanarkcountyfoodbank



Instagram.com/lanarkcountyfoodbank



www.lanarkcountyfoodbank.ca

Donate:



Cheques (mailed or drop-off), & cash, credit card, debit card, grocery gift cards (drop-off) during our operating hours (Monday: 9:30-noon & 5pm-8pm, Tuesday: 9am-noon & 5pm-8pm, Wednesday: 9:30-noon & 5pm-8pm, Thursday: 9am-1pm, Friday: 9am-noon)

E-transfer to lcfb.thehungerstop@gmail.com (no password required)

Online through third party sites such as Canada Helps & PayPal

Automatic withdrawal from you bank account



Food/Goods Drop-off:

The Hunger Stop during our operating hours (Monday: 9:30-noon, Wednesday: 9:30-noon, or call 613-257-8546 to arrange another time)

Grocery Store Bins located at Jonsson's YIG (Almonte), Anderson's YIG (CP), Giant Tiger (CP), & FreshCo (CP) during their operating hours